



HEMPFIELD SCHOOL DISTRICT

Fall 2010

Community Update & Adult School Information

REGISTRATION INFORMATION

CLASSES

Hempfield Adult School classes will resume for the 2010 fall session on Sept. 20. Completed registration forms may be mailed to the Hempfield Administrative Office upon the receipt of the flyer or registration may be done in person starting September 7. Classes will be filled on a first come, first served basis. Adult school classes are not open to high school or home schooled students.

Note: No GED classes will be offered at Hempfield High School. If interested in attending classes at another location, please call the GED and Family Literacy program at 290-6970.

REGISTRATION

In-person registration forms may be dropped off at the Administration Building, 200 Church Street, Landisville, from 8:00 a.m. until 3:00 p.m. The deadline to drop off forms in person is Monday, September 13, 2010. There will be a drop box on the counter in the main entrance lobby. Mail registration, upon receiving this brochure, should be sent immediately and will be accepted until September 13, 2010. Classes will be filled on a first come, first serve basis. Unless notified to the contrary, you should report to class.

THERE WILL BE NO LATE REGISTRATIONS. ONCE A CLASS HAS STARTED - NO ONE WILL BE ADMITTED!! PLEASE NOTE THAT REGISTRATION IS NECESSARY FOR FREE COURSES.

CALENDAR OF CLASSES

See individual class descriptions for location, duration of classes, and evenings that classes are held. NO CLASSES will be held on October 11, November 24, November 25, or November 29.

EMERGENCY CLOSINGS

Adult School classes will not meet on any day that the Hempfield School District has been closed for snow emergencies. Emergency closings will be announced through the news media.

LIMITATIONS

The school district reserves the right to withdraw any course for which registration is insufficient. In the event of cancellation, students will be notified and fees will be refunded or transferred to other available classes. No refunds will be given after September 24, 2010.

SENIOR CITIZENS

Residents of the Hempfield School District age 65 years or older may register for courses tuition-free. Non-resident senior citizens pay the regular fee. All senior citizens are responsible for paying for materials and/or books used in class.

MATERIALS

Some courses require special materials that must be purchased by the student. Check individual course descriptions.

TUITION

Tuition for Hempfield School District residents varies depending upon the class. Please check individual course information for cost. Those who are non-residents are charged a registration fee of \$10 in addition to tuition. Because of limited space, the non-resident tuition for computer courses will be \$20 in addition to tuition. Checks and money orders should be made payable to: Hempfield School District Adult School.

◆ COMPUTER ◆

◆ COMPUTER USE FOR THE BEGINNER

(5:30 - 7:30 p.m.)

Monday - 4 Weeks - First Class: September 27, 2010 - \$40.00

The course is designed for the person with very little or no computer experience. This course offers the student an introduction to the world of computers and to help them learn the basic tools needed for everyday use. Topics covered will be: basic computer terms, Internet Browsing, E-mailing and other basic computer applications. No class will be held October 11.

CLASS IS LIMITED TO THE FIRST 20 PEOPLE REGISTERING!

Location: Hempfield High School-Room 123

(Please enter on the Buchanan side of the high school. This entrance is along the right side of the high school when facing the school from Stanley Avenue.)

Instructor: Danny Walck

Please note the following changes in the Computer Class Schedule:

- ◆ "Beginning Microsoft Word 2007" will be offered in the Hempfield Fall Adult School session that begins in September 2010 and WILL NOT be offered in the Winter Adult School Session in January 2011.
- ◆ "Introduction to Microsoft Powerpoint 2007" will be offered in the Hempfield Winter Adult School session that begins in January 2011 and WILL NOT be offered in the Fall Adult School session in September 2010.

◆ BEGINNING MICROSOFT WORD 2007

(5:30 - 7:30 p.m.)

Tuesday - 8 Weeks - First Class: September 21, 2010 - Tuition: \$75.00

Participants will learn how to use Microsoft Word 2007. This course is for first time Microsoft Word users. The course includes computer basics such as creating, saving, and printing documents, formatting text and paragraphs. It also includes changing margins and tabs, plus learning how to edit text through cutting, copying, pasting, underlining, bolding, and spell-checking. Price includes a \$50 Microsoft Office textbook that can be taken home as a resource for this course and other Office Programs. Any senior citizen registering for this class must pay \$50 for the textbook.

CLASS IS LIMITED TO THE FIRST 20 PEOPLE REGISTERING!

Location: Hempfield High School - Room 123

(Please enter on the Buchanan side of the high school. This entrance is along the right side of the high school when facing the school from Stanley Avenue.)

Instructor: Danny Walck

◆ INTRODUCTION TO MICROSOFT EXCEL 2007

(5:15 - 7:30 p.m.)

Wednesday - 7 Weeks - First Class: October 6, 2010 - Tuition: \$75.00

Participants will learn how to use Microsoft Excel 2007. The course is designed for users to learn the basics of Microsoft Excel. Elements of this course include: the Excel interface, creating and saving workbooks, entering and manipulating data, formulas, functions, charts, and much more. Price includes a \$50 Microsoft Office textbook that can be taken home as a resource for this course and other Office Programs. Any senior citizen registering for the class must pay \$50 for the textbook.

CLASS IS LIMITED TO THE FIRST 20 PEOPLE REGISTERING!

Location: Hempfield High School - Room 123

(Please enter on the Buchanan side of the high school. This entrance is along the right side of the high school when facing the school from Stanley Avenue.)

Instructor: Andy Wise

◆ COMPUTER ◆

◆ DIGITAL PHOTOGRAPHY - Basic Introduction

(7:00 - 9:00 p.m.)

Tuesday - 6 Weeks - First Class: September 21, 2010 - \$40.00

Digital photography is an exploratory course in still digital imaging. Students will learn how to operate a digital camera and upload images to a computer. Students will also be exposed to computer software used to enhance, restore, and manipulate still digital images. Moral, ethical, and responsibility issues surrounding still digital imaging will be discussed. You do not need to own a digital camera in order to take the course!

CLASS IS LIMITED TO THE FIRST 20 PEOPLE REGISTERING!

Location: East Petersburg Elementary - Room 30

Instructor: Elizabeth Blackledge

◆ RECREATION ◆

◆ GOOD FOR YOU!

(7:00 - 8:00 p.m.)

Tuesday - 10 Weeks - First Class: September 21, 2010 - Tuition: \$40.00

A FUN, energetic, low and/or high impact aerobic class geared to men and women! No dance routines, choreography to memorize! First half hour is designed to improve cardiorespiratory endurance and body composition. The second half hour is designed to improve flexibility, muscular strength, and endurance. All muscle groups will be used. Resistant bands will be used for strength and endurance exercises. This class encourages a "work-out at your own pace." ALL fitness levels are WELCOME! Please bring a towel or mat to class. No classes will be held October 5 and 12.

CLASS IS LIMITED TO THE FIRST 40 PEOPLE REGISTERING!

Location: Landisville Intermediate Center Gym

Instructor: Julie Barker

◆ SHAPING UP!

(7:00 - 8:00 p.m.)

Tuesday and/or Thursday - 10 Weeks - First Class: September 21, 2010

A fun low-impact strength-training class that offers a total body workout for all fitness levels. The class will work upper and lower body, stomach, and stretches. Please bring a mat or towel and hand-held weights to class. No class will be held November 25.

CLASS IS LIMITED TO THE FIRST 25 PEOPLE REGISTERING!

Group 1 - Tuesday - 10 Weeks - First class September 21, 2010

Tuition: \$40.00

Group 2 - Thursday - 10 Weeks - First class September 23, 2010

Tuition: \$40.00

Group 3 - Tuesday & Thursday - 10 Weeks - First class September 21, 2010

Tuition: \$80.00

Location: Landisville Intermediate Center Forum

Instructor: Dixie Vardaro

VOLLEYBALL - See the Adult Sports section in HARCoptions for volleyball class information and registration.

FREE PROGRAMS TO RESIDENTS

Registration is required.

H FINANCIAL INDEPENDENCE - IT IS WOMEN'S WORK!

Wednesday, September 29, 2010 - (7:00 - 8:00 p.m.)

Register
Early!

FREE!

From budgeting and investment principles to family and retirement considerations, this workshop can help women better understand their finances. Learn how to reduce your financial worries by defining your goals, avoid potential financial challenges, and develop a sound savings and investment strategy.

Location: Hempfield High School - Room 144

Instructor: Lisa Nelson, CFP®, ChFC

H HEALING IN THE COMFORT OF YOUR HOME

Monday, November 1, 2010 - (7:00 - 8:00 p.m.)

Register
Early!

FREE!

If you are like most people, you may not be aware of services available in the comfort of your home. This seminar will address such topics as: 1) Types of services; 2) Accessing services; 3) Eligibility for services; 4) Payment sources for services. Learn how to better prepare yourself for when a situation arises in your life or others where 'healing in the comfort of your home' is what you choose.

Location: Hempfield High School - Room 144

Instructor: Rose Rineer, RN, OCN

H LONG TERM PLANNING FOR 2010

Wednesday - October 20, 2010 - (7:00 - 8:30 p.m.)

Register
Early!

FREE!

This informative program will address the following points:

Best way to protect assets

New tax breaks for funding Long-Term Care Insurance

New rules for Long-Term Care Insurance

New Legislation-Pension Protection Act of 2010

Who should attend:

Persons nearing or planning for retirement

Persons who have parents with assets and income to protect

Persons who are considering purchasing long-term care insurance

Persons who HAVE long-term care insurance

Persons who have annuities

Location: Hempfield High School - Room 144

Instructor: Stephen F. Schlissel, CFP®

"The Good, the Bad, and the Ugly of the INTERNET"

Thursday, October 7, 2010 - 7:00 p.m.

HHS Performing Arts Center

Mark your calendar for a very important Hempfield Community Event. Hempfield School District, in cooperation with the Hempfield Technology Department, will present a special program on the Internet and Internet safety concerns. This presentation is free of charge and open to parents, guardians, grandparents as well as all Hempfield residents. The speaker will be Dr. Jon Landis from Millersville University. He is an advocate for Internet safety and will talk candidly about the possibilities and challenges of the Internet and how to best guard our children from predators and problems that can occur. There are no tickets and no need to pre-register. Please plan to join your friends and neighbors to explore this timely topic.



Hempfield School District Adult School Registration Form



YOU ARE ACCEPTED FOR CLASSES UNLESS NOTIFIED OTHERWISE.

Name: _____

Address: _____

Phone: (Home) _____

(Business) _____

E-mail Address: _____

Course Title: _____

Session: _____

(i.e. day(s) course if offered for duplicate classes.)

TOWNSHIP
OR
BOROUGH:
(check one)

- East Hempfield
- West Hempfield
- East Petersburg
- Mountville
- Other

Senior Citizen (Over 65): Check Here

Non-Resident Tuition Fee: _____

Registration Fee: _____

TOTAL: _____

Make Checks Payable To:
Hempfield School District Adult School

Mail to:
Adult School Supervisor
Hempfield Administration Building
200 Church Street
Landisville, PA 17538

Questions? Call 618-7013