

**WINTER 2012
POOL SCHEDULE**

Where high school practice is there will be clinics and pre season during that time

January 1st thru March 16th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim 6 lanes 5-8 am	Lap Swim 6 lanes Hydrofit 6-7 am Lap Swim 6 lanes 7-9 am	Lap Swim 6 lanes 5-8 am	Lap Swim 6 lanes Hydrofit 6-7 am Lap Swim 6 lanes 7-9 am	Lap Swim 6 lanes 5-8 am	Opens at 7:00 AM Lap Swim 6 Lanes 7-9 am	Opens at 7:00 AM
Shallow H2O 8-9 am	Shallow H2O	Shallow H2O 8-9 am	Shallow H2O	Shallow H2O 8-9am	SHALLOW/DEEP 9-10 am*	Lap Swim 6 Lanes 7:00 am-noon
Deep H2O 9-10 am*	Deep H2O 9:00-10:00 am	Deep H2O 9-10 am*	Deep H2O 9:00-10:00 am	Deep H2O 9-10 am*		
Water Pilates 10-11 am*	Aqua-tots 10:00-10:30 am	Zumba 10-11 am*	Aqua-tots 10:00-10:30 am	Water Pilates 10-11 am*	SwimAmerica Stroke Clinic 10:00-11:00	ZUMBA 11-12 NOON
Family Swim 11:00 am - 1:30 pm	Family Swim 10:30-12:30 pm	Family Swim 11 am-1:30 pm	Family Swim 10:30-12:30 pm	Family Swim 11 am - 1:30 pm	Swim America School age 11:00-12:00	Family Swim noon-6:30 pm
Shallow H2O 1:30-2:30 pm*	Swim America Pre-school 12:30-2:00 pm	Shallow H2O 1:30-2:30 pm*	Swim America Pre-school 12:30-2 pm	Shallow H2O 1:30-2:30 pm*	Swim America Pre-school noon-12:30 pm 12:30-1 pm 1:00-1:30	
Family Swim 2:30 to 3:30 pm	Family Swim 2:00 -3:30 pm	Family Swim 2:30 to 3:30 pm	Family Swim 2:00 to 3:30 pm	Family Swim 2:30 to 3:30 pm	Family Swim 1:30 - 6:30 pm	Closes at 6:30 pm
HIGH SCHOOL TEAM PRACTICE 3:30-5:30	HIGH SCHOOL TEAM PRACTICE 3:30 to 5:30 pm	HIGH SCHOOL TEAM PRACTICE 3:30 to 5:30 pm	HIGH SCHOOL TEAM PRACTICE 3:30 to 5:30 pm	HIGH SCHOOL TEAM PRACTICE 3:30 to 5:30 pm		
Swim America 5:30 to 6:30 pm	Swim America School Age 5:30-6:30 pm	Swim America 5:30 to 6:30 pm	Swim America School Age 5:30-6:30 pm	Family Swim 5:30 to 9:30 pm	Easter Seals 5:30-7 pm 2 lanes only	Closes at 6:30 pm
Shallow STEP Deep H2O 6:30-7:30 pm	Shallow H2O Deep H2O 6:30 to 7:30 pm	Zumba 6:30-7:30 pm	Shallow H2O Deep H2O 6:30 to 7:30 pm	Family Swim 5:30-9:30 pm		
Family Swim 7:30-9:30 pm	Family Swim 7:30-9:30 pm	SCUBA/ Family Swim 7:30-9:30 pm	Family Swim 7:30- 9:30 pm		<p>Lap Swimmer Alert!!! HHS swim team away meet schedule. Pool will have four lap lanes available to you. Jan 3, 5,,13, 23, . During practice times Mon thru Fri one lap lane. Home meet schedule closing at 6:30 Jan 10, 26. On these dates there will be Aerobic Classes 4:30 to 5:50</p>	

SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE